

Mid-State Regional Emergency Medical Advisory Committee

REMAC Advisory #23-03 EMS Agency Medical Directors

Effective Date: 07/01/2023

RE: Triaging stroke patients

The Midstate Regional Medical Advisory Committee (REMAC) has approved this advisory on triaging stroke patients to ensure these patients are transported to the proper stroke designated facility. It is anticipated that Hospitals in the Midstate Region will be applying for stroke designation.

The Midstate REMAC has elected to follow the American Heart Association Mission: Lifeline Stroke algorithm for triaging stroke patients. This algorithm is to assist Midstate EMS Providers in making transport decisions based on the FAST-ED stroke severity screening tool.

Advisory:

Providers should utilize the FAST-ED to determine the appropriate stroke designation. Patients with a FAST-ED score >3 should be transported directly to the Comprehensive Stroke Center (CSC) located at Faxton St. Luke's Health Care if the transport time is no more than thirty minutes further than the Primary Stroke Center. If the FAST-ED Score is <3 the patient should be transported to the closest NYS DOH Designated Primary Stroke Center.

Patients who are suffering a suspected stroke, or their families, may request to go to centers that cannot perform endovascular care even when appropriate. The patient and or their families have the right to request and to be transported to a facility that are not approved NYS DOH Designated Stroke Centers. In this case, contact medical control for direction on transporting to the appropriate facility. The goal is to assure that our patients are given the opportunity to get care at the appropriate hospitals to assure they have the best outcomes.

