



**Mid-State
Regional Emergency Medical
Advisory Committee**

**Policy Statement
06-07**

Patient Restraint

Medical

Midstate EMS Providers may restrain an individual against his/her will if the individual represents a threat to him/herself, others or the EMS provider.

Restraint may be ordered by:

- 1. Midstate ALS Protocols**
- 2. On-Line Medical Control**
- 3. Authorized Law Enforcement**

EMS providers should not risk injury to themselves while restraining an individual. If the potential for injury is significant, law enforcement should be asked to assist / intervene.

Any use of restraints should be humane and professionally applied and afford as much dignity to the individual as the situation allows. Restraints must be applied so as not to injure the individual. When applying restraints, the face and neck should be avoided. Do not place restrained patients in a prone position during transport. Checking for adequate respirations and extremities for adequate circulation throughout transport.

Documentation should include the reasons for and method of restraining a patient.